DSMP program provides healthy eating and weight management services to the community.





## **Contact Us**

FOR MORE INFO, CALL OR VISIT ONE OF OUR DIABETES CENTERS @

Brookdale: Diabetes Prevention Program | (718)-240-5022 (718) 240-5062

Interfaith: Bishop Walker Family Health Clinic | (718) 613-6889/6818

Kingsbrook: Pierre Toussaint Clinic Health Clinic | (718) 735-1900

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DSMP Program

Diabetes Self Management Program



# About DSMP

The DSMP Program offers an opportunity for patients to meet with a health coach for guidance Advancing your health and quality of life is our priority.

Our role is to help you manage or your conditions with improve education and effective diabetes treatment. In addition, highly skilled doctors and staff will work to create individualized diabetes self an management program to improve your health and normalize your daily routines. Diabetes Care is available at many of our facilities, including Brookdale Hospital Medical Center, Interfaith Medical Center, and our outpatient family centers care throughout the community.

### Program Course Outline

- Weight Management
- One on One Counseling
- Meal Plan
- Follow Up
- Certification of Completion



### **REGISTER WITH US**

### Brookdale

One Brooklyn Health provides Diabetes Care and Treatment at Brookdale Hospital Medical Center's robust Medication Management Clinic, run by experienced PharmDs and primary care providers who are NCQA diabetes providers of excellence. Services include a Diabetes Self-Management Program and a Diabetes Prevention Program.

#### Interfaith

Interfaith Medical Center's Bishop Walker Health Center also offers Diabetes Self-Management Group Programs, a Medication Management Clinic and treatment services.

#### Kingsbrook

One Brooklyn Health's Diabetes Center of Excellence at the Pierre Toussaint Family Health Center cares for diabetic patients, helping them achieve their highest level of health.