

# One Brooklyn Health/ Interfaith Medical Center Internal Medicine Residency Program



## Introduction

Interfaith Medical Center, a pillar of medical excellence since its formation on December 31, 1982, is proud to offer one of the oldest and most diverse residency programs in the country. Formed through the merger of the Brooklyn Jewish Hospital and Medical Center in Crown Heights and St. John's Episcopal Hospital in Bedford-Stuyvesant, our institution has a rich history of growth and service. Both founding hospitals, prominent employers in Central Brooklyn during the first half of the 20th century, have left a legacy of healthcare excellence.

Our residency program is distinguished by its commitment to diversity, serving a varied and vibrant patient population. Our alumni have successfully matched into prestigious fellowship programs or embarked on rewarding careers as hospitalists and primary care physicians, both locally and nationally.

In 2016, Interfaith Medical Center became part of One Brooklyn Health, enhancing its capacity to deliver top-tier medical care. OBH Interfaith Medical Center continues to uphold its mission as a safety-net hospital, providing essential healthcare services to the underserved community of Central Brooklyn. We invite you to explore our program and join a legacy of compassionate, comprehensive care.

## Mission Statement

Our Internal Medicine Residency program at Interfaith Medical Center is committed to developing versatile, skilled, and compassionate physicians who will excel in their chosen paths, contribute to their communities, and lead the way in advancing healthcare while continuing to find joy in practicing medicine.

To achieve a comprehensive training experience in the Internal Medicine Residency program at Interfaith Medical Center, we emphasize training residents in culturally and socioeconomically diverse patient populations across various clinical settings. We offer residents unique training experiences in both inpatient and outpatient clinical settings. With our rapidly growing hospital network and a state-of-the-art outpatient curriculum, our residents are well-prepared for rewarding careers.

The Department of Medicine boasts a diverse faculty affiliated with our subspecialty divisions. We are currently training 90 internal medicine residents for careers in clinical and academic medicine. Our dedication to teaching and patient care, combined with our outstanding Department of Medicine faculty, prepares our residents for any field they choose. Approximately 70 percent of our graduates practice as general internists—hospitalists, and primary care physicians serving our communities. The remaining 30 percent match into the most sought-after fellowships. Our graduates have gone on to become clinicians, subspecialists, and clinical leaders in hospitals throughout the United States.

## Message from the Program Director

I want to take a moment to extend a warm welcome as you embark on this transformative journey with us. Our goal is to create an environment where you feel comfortable, supported, and empowered to thrive both professionally and personally throughout your three years of immersive training.

In this program, we encourage freedom of thought and the expression of ideas in a positive direction. Your unique perspectives are invaluable, and we believe that collaboration and open dialogue will foster innovation and growth.

As you navigate through your residency, I want to emphasize that our expectation is for each of you to bring your personal best. There is no competition among residents; instead, the only competition is with yourselves. Focus on your development and progress and support one another in achieving our common goal: improving patient care outcomes.

Together, let's create a culture of excellence, compassion, and teamwork. I am excited to see the incredible contributions you will make during your time here.

## Program Director

Kalpana Panigrahi, MD



### **Associate Program Directors**

Danilo Enriquez, MD

Zewge Deribe, MD

Syeda Rumana Ishrat, MD

Isaac Solaimanzadeh, MD

Sameh Abuelkhir, MD

Haider Burney, MD

### **Chief Residents (2024-2025)**

Harshwardhan Khandait, MD

Deep Mehta, MD

## Program sites

### Interfaith Medical Center – Main Campus

**Location: 1545 Atlantic Ave, Brooklyn, NY 11213**

It is a 287-bed community teaching hospital located in central Brooklyn, New York, providing a range of services, including primary and specialty care, emergency services, behavioral health, and dental care.



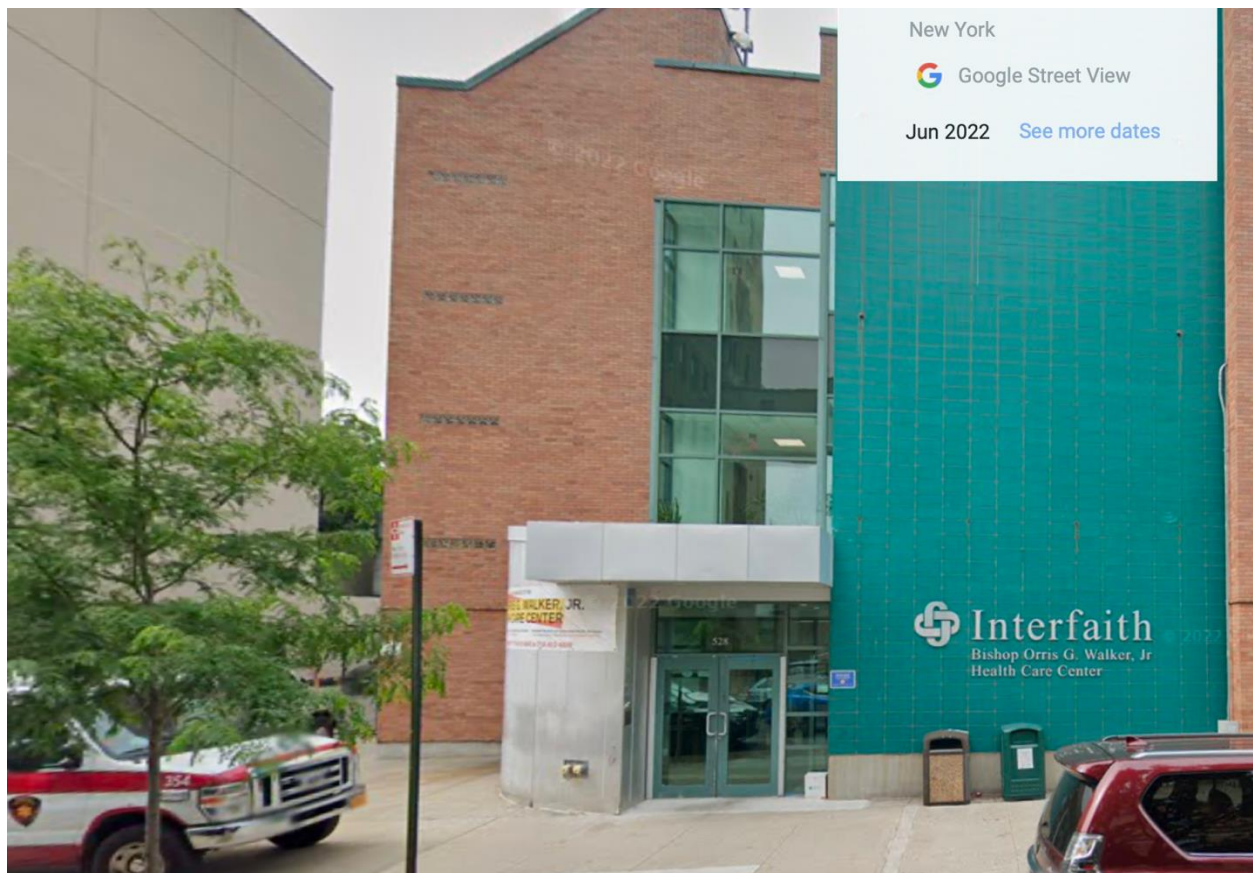


## Bishop Orris Walker clinic

**Location: 528 Prospect Pl, Brooklyn, NY 11238**

The Bishop Orris Walker Clinic, named after the esteemed Bishop Walker, serves as a cornerstone of primary care within Interfaith Medical Center. This clinic operates on the patient-centered medical home model, ensuring coordinated, accessible, and high-quality care for our diverse community.

Dedicated to personalized and continuous care, the clinic focuses on preventive health and chronic disease management. The legacy of Bishop Walker lives on through our commitment to providing essential healthcare services, reinforcing our mission to offer accessible and equitable healthcare for all.



## Infectious Disease/ Primary care clinic

**Location: 880 Bergen St, Brooklyn, NY 11238**

The Bergen Clinic is a vital part of Interfaith Medical Center, specializing in infectious disease care and medication-assisted treatment (MAT) therapy programs. This clinic plays a crucial role in managing and treating HIV and other infectious diseases while providing comprehensive support for patients undergoing MAT therapy. The Bergen Clinic is dedicated to delivering specialized, high-quality care to meet the unique needs of our community.

## Pierre Toussaint Family Health clinic

**Location: 1110 Eastern Pkwy, Brooklyn, NY 11213**

The Pierre Toussaint Clinic is our recently renovated, innovative primary care facility. This clinic represents the latest in primary care delivery, offering state-of-the-art services and a patient-centered approach. Dedicated to enhancing community health, the Pierre Toussaint Clinic provides comprehensive and accessible care to meet the diverse needs of our patients.



# Curriculum

## Internal Medicine Residency Program at One Brooklyn Health/Interfaith Medical Center

Our Internal Medicine Residency Program is dedicated to education, with the goal of developing clinically competent Board-Certified Internists. This foundation enables our graduates to pursue diverse career paths, including primary care practice, subspecialty training, hospitalist careers, or academics.

Our innovative 6+2 block scheduling system reduces fatigue and burnout while preparing residents for their future careers. Residents spend 4 weeks on the floors followed by 2+2 weeks in Outpatient/Elective rotations.

### Continuity Clinic and Outpatient Rotations:

The continuity clinic is a cornerstone of our residency program. Each resident is assigned a panel of patients whom they will follow throughout their residency. This long-term relationship allows residents to provide comprehensive and continuous care, gaining a deep understanding of their patients' medical histories and building strong doctor-patient relationships. Residents monitor their patients' progress, manage chronic conditions, and coordinate care with specialists as needed. This continuity of care is essential in developing the skills necessary for primary care practice.

During outpatient rotations, residents experience a variety of clinical settings and specialties, including cardiology, endocrinology, gastroenterology, and more. These rotations are designed to provide exposure to a wide range of medical conditions and outpatient procedures. Residents are given ample opportunities to engage in direct patient care, enhance their diagnostic and therapeutic skills, and learn the nuances of outpatient medicine.

Our program ensures that residents are well-prepared for the diverse challenges of outpatient care. They learn to manage common and complex medical issues, perform routine screenings and preventive care, and develop treatment plans tailored to individual patient needs. Additionally, they gain experience in patient education, motivational interviewing, and the use of electronic health records.

### Quality Improvement:

In their first year, during clinical rotations, residents are given dedicated time for Quality Improvement (QI) activities. They subsequently meet with advisors and either join an ongoing QI



project or develop a new project based on hospital quality and safety data or their own experiences.

## Educational Activities:

We provide dedicated lecture time that residents must attend. These sessions are interactive, featuring case presentations and discussions on various topics, with attending physicians and fellows participating. This educational time is crucial for reinforcing medical knowledge and fostering a collaborative learning environment.

## Team Structure and Workload Management:

Our program caps the number of admissions per team and per resident, ensuring a manageable workload. Each floor team consists of one senior resident and 1-2 interns, along with medical students, promoting an efficient approach to patient management and ample opportunities for case discussion.

Individual schedules vary but are adjusted to maintain a balance of experience and fair workload distribution over the three years of residency. The call schedule for floor rotations follows a short-call/long-call system, with long calls from 7 am to 7 pm and short calls from 7 am to 4 pm. We have dedicated admitting team and admission during call hours follow drip system.

## Resident Wellness

Resident wellness is a continuous process in our program, featuring a variety of activities such as potlucks, wellness walks, mentor-mentee pairings, buddy groups, sports, and other regularly planned events by the resident wellness group. In addition to these activities, we provide dedicated male and female on-call rooms with attached bathrooms, and a resident lounge equipped with TV and cable services. We also host regular wellness lectures and activities, including sessions from guest speakers where residents learn about their rights and strategies for managing work-life balance.

## How to apply

OBH Interfaith Medical Center operates as a pre-match program and accepts applications exclusively through ERAS. To ensure full consideration for application review, all required documents must be submitted via ERAS (<https://www.aamc.org/services/eras>).

- Complete ERAS application
- Curriculum Vitae
- MSPE (preferred) or Dean's Letter
- Official Medical School Transcripts
- Personal Statement
- Three (3) Letters of Recommendation
- USMLE passed step I, II, and strongly prefer candidates with step III. No attempt on any of the steps and USMLE step 2 score above 230 are preferred
- Valid ECFMG certificate for IMG candidates

### **International Medical Graduates**

- Must prove ECFMG certified by the time of the interview
- If accepted into the program, we do sponsor J-1 and a limited number of H1-B visa
- US clinical experience is appreciated but not required

# Current residents



## \*\*PGY1\*\*

1. Akella, Sai Anusha
2. Akueme, Ngozi Teresa
3. Ayana, Chali Amsalu
4. Elkaoud, Mohamed M. M.
5. Erkabu, Samson Getachew
6. Ezuma-ebong, Chioma
7. Gebrehiwot, Ashenafi Teshome
8. Gharti, Sakar Babu
9. Hamed, Monir Abd Alla Zaroug
10. Kaneriya, Maulik Chandulal
11. Khalifa, Ahmed Hamdi Mohamed
12. Kibret, Ayelech Agune
13. Lamptey, Robert Lantey
14. Mastoi, Mehak Gul
15. Mohamed Abdelaziz, Nagmeldin Haroun
16. Mohan, Vineetha
17. Muriuki Hiram Kimari
18. Myat Yin Mon
19. Osman Khalid Ahmed
20. Oxx Khidir Elena (AKA - Gutierrez Nunez, Dora Elena)
21. Parulkar Aditi
22. Pinkrah Daniel Kwasi Kyei
23. Popal Sudaba
24. Regmi Sachit
25. Rijal Rishikesh
26. Sackey Jeffrey Afrah
27. Sharma Chandan
28. Tadele Engidawork Gashaw
29. Towfig Muhanned Faisal Suliema
30. Win Raung Hitet Hla

## \*\*PGY 2\*\*

1. Acevedo Breton, Yorquiris
2. Adenusi, Adedeji O.
3. Ahmed, Mugtaba A.A.
4. Alemonai, Jemima A.
5. Ali, Tasnim
6. Aljafar, Mohamad S.
7. Al-juboori, Farah
8. Amrutiya, Rahul Kumar J.
9. Anitha Rajeev, Parvathy
10. Changela, Madhav H.
11. Dena, Mekonnen A.
12. Elamin, Ahmad M. O.
13. Fissiha, Biruhtefa A
14. Gebretsadiq, Tewelde B.
15. Hebbar, Shreya
16. Hein, Pyae Phy
17. Jean Baptiste, Thoedule
18. Mckenzie, Simone
19. Mengiste, Amanuek Z.
20. Nola Argotte, Francisco J.
21. Stow, Mark
22. Pant, Biswass
23. Patel, Aniket J.
24. Paudel, Shachi
25. Phan, Vien Thi Xuan
26. Sapkota, Nisha Kusum
27. Sapkota, Ranjit
28. Sule-Saa, Samuel
29. Tan, Ernestine Faye
30. Tsega, Daniel

## \*\*PGY 3\*\*

1. Ahmed, Abdalah E. M.
2. Al-Ghuraibawi, Muthanna
3. Ali, Elrazi A. H.
4. Al-Azzawi, Omar
5. Alzaraq, Saleh
6. Devkota, Sauraj
7. Dhakal, Govind
8. Gelan, Yohannes
9. Ghimire, Brijesh
10. Gobena, Temesgen Merga
11. Gupta, Uma Datta
12. Hiaing, Pwint Phyu
13. Htet, Shwe Yee
14. Jain, Monika
15. Khan, Hussam A
16. Kunwar, Kalendra
17. Montecinos, Leidhy Mariana
18. Neravanda Prasad, Parinitha
19. Nguyen, Khiet Trong
20. Nguyen, Thi My Nguyet
21. Nwani, Sandra
22. Pandey, Sagar
23. Pierre, Luckencia
24. Pinkhusovich, Yin N.
25. Pokhriyal, Sindhu Chandra
26. Roy, Pulok
27. Shah, Syed M. A.
28. Singh, Amanda
29. Subedi, Sabhal Nath
30. Tcedilin, Denis

## Fellowship Matches

In house fellowships provided as a part of OBH System.

Hematology Oncology  
Nephrology  
Palliative  
Pulmonary and Critical Care  
GI  
Endocrinology  
Cardiology (Launching soon)

## List previous IMC residents who matched to fellowship

2023-2024 fellowship stats:

Pulmonary and critical care – 2  
GI – 2  
Cardiology – 2  
Hematology – 2  
Geriatrics – 1

## Educational Benefits

- Education allowance \$1,250/year
- Meal allowance \$2,900/year
- Holiday work provision
- Conference and Board review benefits
- Free Rosetta Stone

## Contact Program coordinators

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