



Center for Advanced Care Bariatric Office
1 Brookdale Plaza #145; Brooklyn, NY 11212
Call: 718-240-6213; Fax: 718-240-5852

Advanced Bariatric and Metabolic Institute
9413 Flatlands Ave #201W; Brooklyn, NY 11236
Call: 718-240-8446; Fax: 718-240-8329

This list consists of the different documents, studies, tests and clearances that are required in preparation for your surgery. Please make sure you have timely appointments and never miss any unless there is an emergency because they can take weeks to months to re-schedule. If at any point you do need help, have a question, or feel like you aren't progressing through the process, please don't hesitate to call us at **(718) 240-6213** or **(718) 240-8446**.

- Letter of Medical Clearance/Necessity from your Primary Care Physician (PCP)
- Supervised Weight Loss Program
- Attendance at 1 Pre-operative group session
- Nutrition Clearance from a nutritionist
- Abdominal Ultrasound (Brookdale OR Lenox Hill)
- Psychiatry/Psychology Clearance
 - Brookdale Psychiatry Department
 - Babok Health at 1040 Winthrop St, Brooklyn NY 11212 (718-363-3040)
- Blood Work/Labs (Please call 718-240-5528 for appointment):
 - CBC, CMP, HbA1C, PT/INR, PTT, Fasting lipid profile
 - Serum Iron, Ferritin, TSH, Vitamins A, E, K, B12, Copper
 - Leptin/Ghrelin
- STOP-BANG Questionnaire? DEFER REFERRAL
 - Sleep Study (Will assist with scheduling if necessary for clearance)
 - Metropolitan Sleep Center (718-257-5544) Suite 202W at Flatlands office building
 - Brookdale Sleep Center (718) 240-5236
- Gastroenterology Clearance
 - Dr. Hufford will do your EGD for clearance (Fridays only)
- Cardiology Consultation
 - Dr. Abdullah Khan (718-240-6201) 3rd floor Snapper at Brookdale
 - Dr. Manvar or Dr. Jasty (718-257-4800) Suite 101E at Flatlands office building
- Pulmonology Consultation
- Endocrine Consultation
 - Dr. Fan Zhang (718-240-8446) Suite 201W at Flatlands office building

***SOME PEOPLE NEED OTHER REFERRALS ON A CASE-BY-CASE BASIS
PLEASE FAX/BRING ALL PAPERWORK WITH YOU TO THE OFFICE ONCE YOU RECEIVE IT***